







Profile for Wellbeing – Waterloo Region

							
COMMUNITY VITALITY COMMUNITY VITALITY	DEMOCRATIC ENGAGEMENT	EDUCATION	ENVIRONMENT	HEALTHY POPULATIONS	LEISURE AND CULTURE	LIVING STANDARDS	TIME USE
<ul style="list-style-type: none"> • Percentage of population reporting somewhat/strong sense of belonging to community • Percentage of population reporting formal volunteering for organizations • Percentage of population with five or more close friends • Percentage of population living alone • Crime severity index • Violent crime rate per 100,000 population • Property crime rate per 100,00 population • Percentage of population who feel safe walking alone after dark • Percentage of population who provide unpaid help to others on their own • Percentage of population who believe that many/most people can be trusted • Percentage of population reporting experience of discrimination 	<ul style="list-style-type: none"> • Percentage of eligible population that voted in the last <i>federal</i> election • Percentage of eligible population that voted in the last <i>provincial</i> election • Percentage of eligible population that voted in the last <i>regional</i> election • Percentage of female councillors on Waterloo Regional Council • Percentage with a great deal or quite a lot of confidence in federal parliament • Percentage of total expenses used by Members of Parliament (MPs) to send communications to householders in their ridings 	<ul style="list-style-type: none"> • High school graduations rate (percentage) • Percentage of 25 to 64 year olds in population with a university degree • Percentage of children who are vulnerable, scoring low on 2 or more domains of the Early Development Index (EDI) • Ratio of students to educators • Average number of early literacy and early learning programs per 1,000 children • Average number of other children's programs per 1,000 children • Average number of careers, job help, and skills programs per 1,000 adult population • Average number of adult learning programs per 1,000 adult population • Percentage of children aged 0 to 4 years for whom there is a regulated/licensed centre-based child care space • Average minutes per day spent in interactive (talk-based) child care for children 0 to 4 years of age 	<ul style="list-style-type: none"> • Ground level ozone (population weighted in parts per billion) • Overall total GHG emissions (megatonnes of CO² per year) • Percentage of provincial GHG emissions (megatonnes of CO² per year) contributed by region • pH levels (based on 1 to 14 scale where 7 is considered neutral) • Average water consumption per capita per day (cubic meters) • Percentage of total residential waste diverted by municipalities (including Blue Box and other materials) • Percentage of all-day weekday trips using active transportation (i.e., walking, cycling) • Percentage of all-day weekday trips using public transportation rather than personal car (e.g., transit, GO train, school bus) • Percentage of area within Tri-cities scoring high or very high on Walkability Index 	<ul style="list-style-type: none"> • Percentage of population who rate their <i>overall health</i> and very good or excellent • Percentage of population who rate their <i>mental health</i> as very good or excellent • Percentage of population with no health of activity limitations • Percentage of population with self-reported diabetes • Percentage of daily or occasional smokers among teens aged 12 to 19 years • Percentage of population getting influenza immunization • Percentage of population with a regular health physician • Life expectancy in years from birth • Percentage of population reporting being somewhat to very satisfied with life * 	<ul style="list-style-type: none"> • Average percentage of time spent on the previous day in social leisure activities • Average percentage of time spent on the previous day in arts and culture activities • Average months frequency of participation in physical activity last over 15 minutes • Average number of nights away per vacation trip in past year to destination at least 80 km from home • Hectares of public greenspace per 10,000 population • Kilometers of walking/cycling trails and pathways per 10,000 population • Number of annual library programs in past year per 1,000 population • Number of Culture Days, poetry and story readings, and arts shows in the past years per 10,000 population • Number of in-person visits made to the library in past year per 1,000 population • Number of library internet connections per 10,000 population 	<ul style="list-style-type: none"> • After tax median income of economic families • Percentage of persons in low income (LIM) • Percentage of persons who are classified as “working poor” • Percentage of labour force employed • Percentage of labour force in long-term unemployed • Percentage of households that are moderately or severely food insecure • Percentage of households with shelter costs exceeding 30% of before –tax household income • Percentage of population reporting quite a bit or extreme self-perceived work stress 	<ul style="list-style-type: none"> • Percentage of population reporting working 50 hours of more per week • Average workday commute time (both ways) for individuals working for pay (minutes per day) • Average amount of time spent with friends (minutes per day) • Percentage of labour force with regular, weekday workhours • Percentage of individuals working for pay with flexible workhours • Percentage of population who report 7 to 9 hours of good quality essential sleep • Percentage of 15 to 64 years olds reporting high levels of time pressure