

Improving Community Wellbeing: Using a Health Equity Lens



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Waterloo Region, January 20, 2017


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Health Promotion Capacity Building

We provide training and support services to Ontario's public health and health care intermediaries to assist them to plan, conduct and evaluate interventions which improve health and prevent chronic disease and injury at a community and population level.



Learning objectives

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- A close-up photograph of two yellow darts with silver barrels and sharp points. They are embedded in a target with black and white concentric rings. The darts are positioned diagonally across the frame, with their tips pointing towards the bottom-left corner. The target's bullseye is visible in the lower-left area.
- 1) To explore the relationship between the social determinants of health and health inequity approaches
 - 2) To shift thinking towards population health strategies
 - 3) To increase capacity to inform the identification of priorities that improve community wellbeing

Our journey today



Setting the stage

Common language

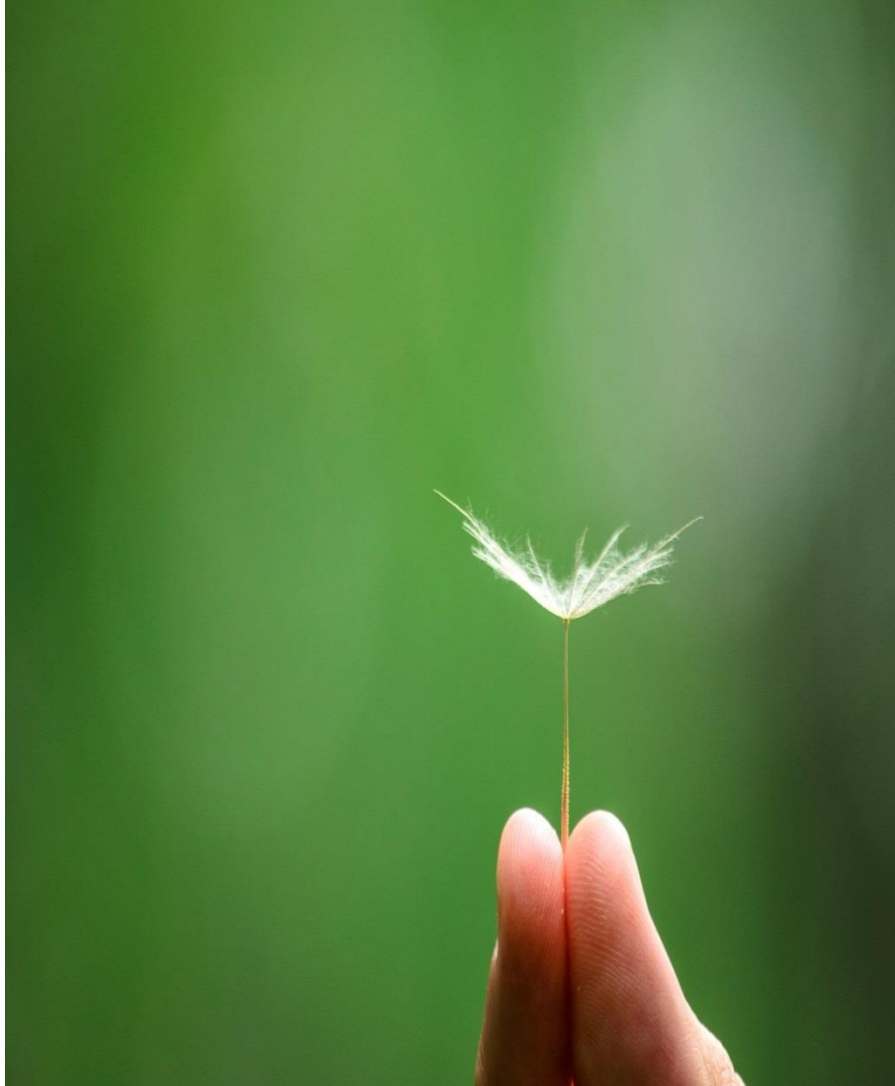
Upstream/downstream approaches

Intended and unintended consequences

Informing priority setting

Health Equity Lens^{1,2}

- Imbedded in practice regardless of the field or role one plays at an individual, organizational and societal level
- Grounded in mindfulness: paying attention, being purposeful and intentional
- Cognizant about world view, assumptions and beliefs that shape decisions and recommendations made and actions taken
- Being open, non-judgemental, kind and curious



Worksheet #1

Defining terms: exploring a common language



Upstream and downstream approaches³



Intended and unintended consequences⁴

Words Have Power



<https://www.youtube.com/watch?v=Hzgzim5m7oU>

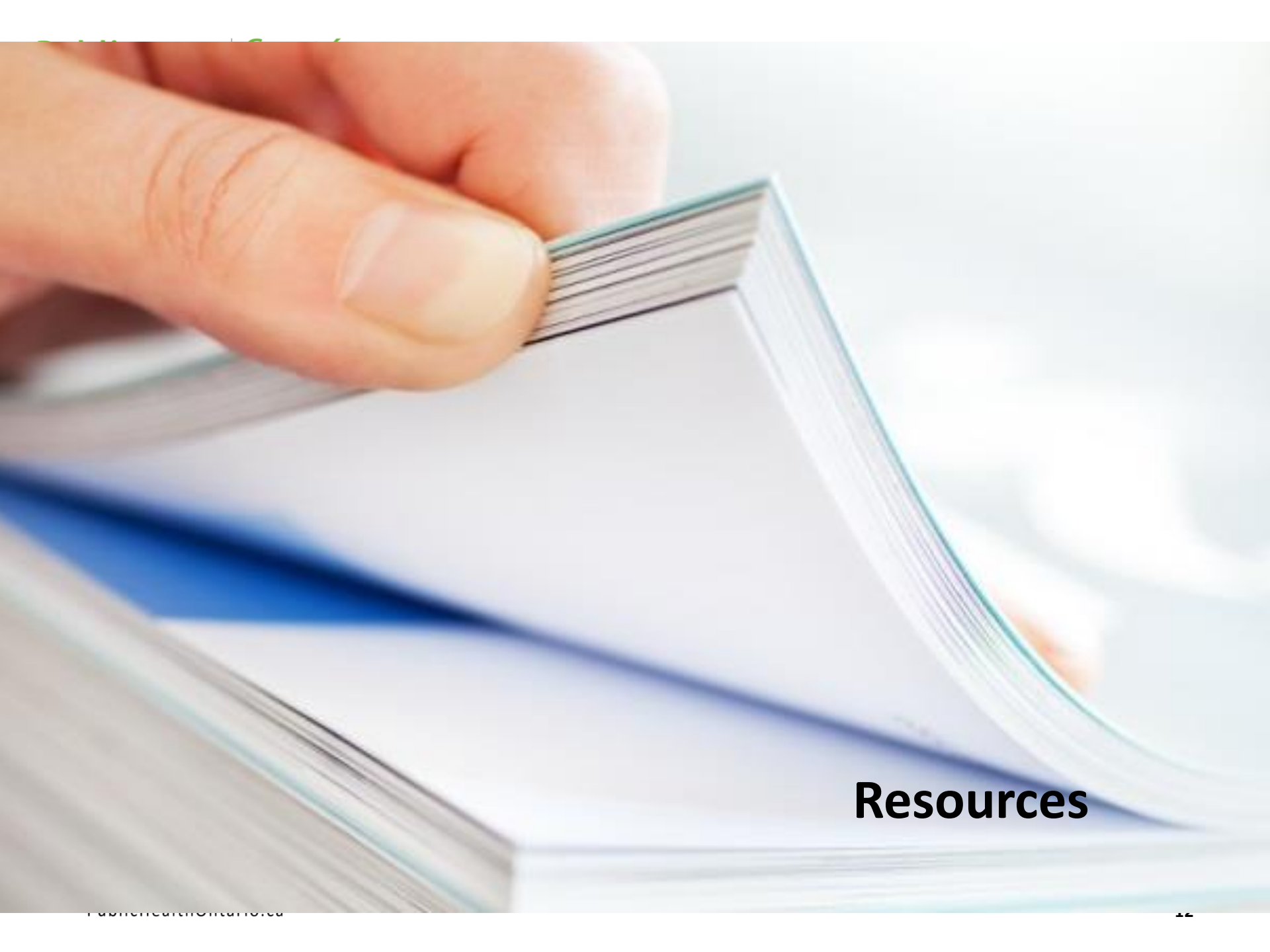
Informing priority setting

How can you apply this knowledge when identifying priorities?



What is a key message you will take away from today's session?





Resources

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