

## List of Catering Companies that Offer Cultural Foods of First Nations, Metis or Inuit

Name of Business	Traditional Offerings	Contact
Countryside Cuisine	Bison Stew and Three Sisters with the bannock on the side	Sarah Wilkins < <a href="mailto:cowgirl_sw01@yahoo.ca">cowgirl_sw01@yahoo.ca</a> > (226) 337 4041
Kakatoosh Kafe 1008-188 Margaret Ave. Kitchener, ON 519-503-4465	Venison Stew Venison Shepherd's Pie Bannock	Jo-Anne Absolon Home: 226-444-4055 Work: 519-895-8180 Jessica Goetz <a href="mailto:jessicaegoetz@hotmail.com">jessicaegoetz@hotmail.com</a>
Karonhyakatste,	Turkey, Salmon, Soups, Stews, Bannock	Christine Lefebvre <a href="mailto:karonhyakatste@rogers.com">karonhyakatste@rogers.com</a>
Frantastic Health - Traditional Haudenosaunee & Anishinaabe foods caterer	Enjoy some local Indigenous gourmet dishes prepared with plenty of love and traditional knowledge! The dishes and beverages prepared come from the recipes of the Haudenosaunee and Anishinaabe ancestors. Our menu includes gluten- free and vegan options!	Contact: Kelly Fran Davis Email: <a href="mailto:kellyfrandavis@hotmail.com">kellyfrandavis@hotmail.com</a> Text: 905-736-9099 Website: <a href="http://FrantasticHealth.com">FrantasticHealth.com</a>